Bishop Heber High School

Subject	Year	Term
PSCHE	9	2

Topic

Sexual Health; Know Your Limit
Careers: Choosing Your Options; Financial Education

Content (Intent)

Prior Learning (Topic) **Keeping Safe Online; Intimate Sexual Relationships**
Careers: Plan your Decision Year; Informed Choices

- How the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex and the importance of and facts about testing
- How to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment
- How the use of alcohol and drugs can lead to risky sexual behaviours
- The facts about legal and illegal drugs and their associated risk including the link between drug use and the associated risks including the link to mental health conditions
- The law in relating to the supply and possession of illegal substances
- The physical and psychological risks associated with alcohol consumption
- The skills to manage money on a day-to-day basis, and plan for future financial needs

Assembly Topics:

- Knife Crime Assembly; Staying Safe Online
- Options/Choices
- 'Risking It All—2Engage Theatre Company
- Student Questionnaires
- Easter Celebration- whole school assembly

Future Learning (Topic) **Physical Health & Fitness; Self Care &Basic First Aid;**
Careers: Personal Qualities & Skills; Skills & Jobs

What Knowledge and Skills will be taught (Implementation)	How will your understanding be assessed & recorded (Impact)
Knowledge • STIs including HIV/Aids • Contraceptive choices & advice including for LGBTQ+ • The effects of alcohol & drugs, including mental health and sexual risks, and alcohol, drugs & the law • Different options, factors that influence choice & how subjects develop skills that have a wider use • *Careers: Choosing your options* • *Careers: Financial literacy - banks, savings & consumer rights*	Understanding will be assessed in a variety of ways. For example, through baseline assessments at the start of topics, through formative assessment opportunities including self-reflection and through informal summative assessments to establish factual knowledge. The impact of the PHSCE curriculum will be reported on three times per year as part of the Report cycle, through Attitude to Learning descriptors. Feedback will be collated by Year Leaders following the PHSCE Day in November.
Skills • Developing financial literacy • Managing risk and making informed choices • Understanding consequences of unprotected sex	

How can parents help at home?

- Discuss these topics with your child and attend Options Evening.
- Encourage your child to engage with wider school activities (see SBS).
- Help your child to reflect on their Term 2 report and set targets for going forward.

Helpful further reading/discussion (including Reading and Vocabulary Lists)

Reading

- Sexual Health
- Sexual Health
- Drugs, Alcohol and Tobacco

Vocabulary Lists

Intimacy
STI
Financial Literacy
Consumer
Stimulant
Possession