



Subject	Year	Term								
PSHCE	7	2								
Topic										
Unhealthy Choices; The Changing Adolescent Body Careers: What Do I Like; What is Work?										
Content (Intent)										
Prior Learning (Topic)	A Happy School; Respectful Relationships; Careers: Change and Achievements; Influences and Success									
- The physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood - The facts about the harms from smoking tobacco (particularly the link to lung cancer), the benefits of quitting and how to access support to do so - Key facts about puberty, the changing adolescent body and menstrual wellbeing										
Assembly Topics:										
- Road Safety- Cheshire Police - Careers and literacy- Chester Race Company - Easter Celebration- whole school assembly										
Future Learning (Topic)	Mental Wellbeing; Careers: Changes in the World of Work; Setting Targets									
What Knowledge and Skills will be taught (Implementation)	How will your understanding be assessed & recorded (Impact)									
Knowledge - Alcohol and Tobacco education – why young people smoke, vape and drink alcohol - The health risks associated with alcohol and vaping - The changing adolescent body - Careers: What do I Like? - Careers: What is Work?	Understanding will be assessed in a variety of ways. For example, through baseline assessments at the start of topics, through formative assessment opportunities including self-reflection and through informal summative assessments to establish factual knowledge.									
Skills - Making informed choices - Developing debating skills - Expressing opinions - Recognising physical changes to bodies	The impact of the PHSCE curriculum will be reported on three times per year as part of the Report cycle, through Attitude to Learning descriptors.									
Feedback will be collated by Year Leaders following the PHSCE Day in November.										
How can parents help at home?										
- Attend and engage with Year 7 Parents’ evening - Read and review Term 1 Report - Encourage your child to engage with wider school activities (see SBS)										
Helpful further reading/discussion (including Reading and Vocabulary Lists)										
Reading Accelerated Reader Programme Drug, Alcohol, Tobacco Puberty	Vocabulary Lists <table><tr><td>Puberty</td><td>Adolescent</td></tr><tr><td>Menstruation</td><td>Addiction</td></tr><tr><td>Hygiene</td><td>Nicotine</td></tr><tr><td>Acne</td><td>Carbon Monoxide</td></tr></table>		Puberty	Adolescent	Menstruation	Addiction	Hygiene	Nicotine	Acne	Carbon Monoxide
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