



Subject	Year	Term
PSHCE	11	2
Topic		
Addiction; Exam Success Careers: Where have you got to so far?		
Content (Intent)		
Prior Learning (Topic)	Consent and Coercion; Healthy Intimate Relationships Careers: The Changing Job Market; Preparing for Interviews	
- Awareness of the dangers of drugs which are prescribed but still present serious health risk - The physical and psychological consequences of addiction, including alcohol dependency - Exam stress management linking to mental health and well-being - How to critically evaluate when something students do or are involved in has a positive or negative effect on their own or others' mental health - The positive associations between physical activity and promotion of mental wellbeing, including as an approach to combat stress		
Assembly Topics: - Mock Examinations - Student review - PC assembly on current issues (external) - Easter Celebration- whole school assembly		
Future Learning (Topic)	Exams and Mental Wellbeing	
What Knowledge and Skills will be taught (Implementation)	How will your understanding be assessed & recorded (Impact)	
Knowledge - Dangers of prescribed drugs - Health risks of prescribed drugs - The physical consequences of addiction - Psychological consequences of addiction - Exam season preparation - Causes of stress/exam stress - Benefits of physical exercise & time outdoors - Careers: Where have you got to so far?	Understanding will be assessed in a variety of ways. For example, through baseline assessments at the start of topics, through formative assessment opportunities including self-reflection and through informal summative assessments to establish factual knowledge. The impact of the PHSCE curriculum will be reported on three times per year as part of the Report cycle, through Attitude to Learning descriptors.	
Skills - Ability to make informed choices - Risk Management - Active listening and communicating - Developing self-care strategies - Develop healthy coping strategies – exam stress	Feedback will be collated by Year Leaders following the PHSCE Day in November.	
How can parents help at home?		
- Discuss these topics with your child and attend parent evenings and school information meetings. - Encourage your child to engage with wider school activities (see SBS).		
Helpful further reading/discussion (including Reading and Vocabulary Lists)		
Reading Drug information Exam Stress Revision techniques The ultimate revision guide	Vocabulary Lists Prescribed Psychological Opioid Stimulants Procastinate	