Bishop Heber High School

Subject	Year	Term
Physical Education (Core)	10	1

Topic

Tactics, Strategies And Development Of Technique

Content (Intent)

Prior Learning (Topic) All of skills developed at Key Stage 3

The emphasis in KS4 is on participation and enjoyment to promote a prolonged interest in sport and physical activity.

Physical activity is clearly and practically related to issues of health and well-being through a selection of team/individual games and fitness programmes.

Future Learning (Topic) Development of Fitness Training programme

What Knowledge and Skills will be taught (Implementation)	How will your understanding be assessed & recorded (Impact)
Pupils will be taught to use and develop a variety of tactics and strategies to overcome opponents in team and individual games [for example, badminton, basketball, football, hockey, netball, rugby and volleyball.) Develop their technique and improve their performance in competitive situations within team and individual games. Evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best.	No Formal assessment within Key stage 4 Core PE. However, lessons will be used to help assess GCSE/BTEC students on selected sports for their examination course.

How can parents help at home?

Encourage students to eat healthy and participate in some form of physical activity outside of school.

Helpful further reading/discussion (including Reading and Vocabulary Lists)

Reading	Vocabulary Lists