



### Focus: Street Safety

#### Does your child know how to be street smart?

Now the nights are much darker, it's important to consider how your child can be street smart.

Being street smart means your child knowing how to keep themselves safe from strangers when they're alone or with other young people. When they are street smart, they know their way around, they know how to handle themselves in tough situations, and they're able to 'read' people. We recommend you discuss the following tips with your child, to ensure they are street smart.

#### TIP 1: BE CAUTIOUS AROUND STRANGERS

Most strangers are not a risk to young people. But some may be and it's not possible to know who is and isn't. If a stranger asks you for help such as giving directions or looking for a lost dog—don't help. Strangers should ask adults, not kids, for help.

#### TIP 2: LET SOMEONE KNOW YOUR WHEREABOUTS

The adult who takes care of you needs to know where you are at all times. This means telling your mum, dad or carer where you are and when you are coming home.

#### TIP 3: STICK WITH A FRIEND

When you aren't with your parents or carer, it's much safer to do things with friends. Travelling with a friend or friends is always a good idea.

#### TIP 4: AVOID ISOLATED AREAS

Avoid places where no one is around, like the woods or dark streets.

#### TIP 5: PICK OUT SAFE SPOTS

Safe spots are places where you can stop if you need help like houses of kids you know, shops, restaurants or police stations. When you are out walking or riding your bike, make a mental note of where they are in case you ever need one.

#### TIP 6: MAKE LOTS OF NOISE IF YOU ARE SCARED

If a stranger makes you feel unsafe, follows you or tries to grab you, yell for help as you run away.

#### TIP 7: TRUST YOUR INSTINCTS

If something does not seem right, trust your instincts. Try to get to a safe spot, get out of the area and tell an adult.



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streets in Cheshire

Hollie Guard is a Free Personal Safety App available to download on your smartphone.

Anyone can download and use the free version of the app.

Cheshire Police have used Hollie Guards' ENHANCED version to protect victims of crime and vulnerable people they speak to. The ENHANCED version has all the same features as the free version and you can buy it yourself, but the police can give this to members of the public for 12 months for free.

The only difference is instead of alerts going to your chosen contacts it goes to a Police Approved control centre for instant professional help.

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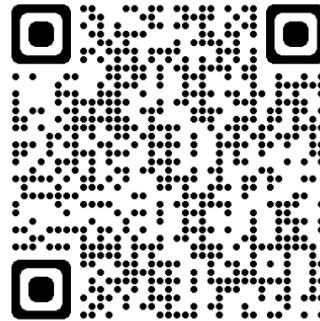


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