# BISHOP HEBER HIGH SCHOOL

RESPECT · OPPORTUNITY · ACHIEVEMENT

## Whole School Food Policy

### 1. Introduction

This policy sets out our school's approach to food and nutrition. It aims to promote healthy eating habits, support student well-being, and comply with statutory requirements, including the **School Food Standards** (**School food standards practical guide - GOV.UK** )

### 2. Purpose and Aims

- Ensure all food and drink provided in school meets **School Food Standards** as required under the **Education (Nutritional Standards and Requirements for School Food) (England) Regulations 2014** (The Requirements for School Food Regulations)
- Encourage healthy eating habits among students, staff, and visitors.
- Support learning about food, nutrition, and healthy lifestyles in line with the **National Curriculum**.

### 3. Scope

This policy applies to:

- School meals (DfE statutory requirement).
- Packed lunches (DfE recommends schools provide guidance to parents and carers).
- Snacks and drinks.
- Breakfast clubs and after-school provision.
- Food used in lessons, events and other School based activity where food or drink is involved.
- Fundraising and celebrations.

### 4. Roles and Responsibilities

- **Headteacher & Senior Leadership Team and Governors**: Ensuring compliance with statutory standards.
- **Catering Staff**: Providing meals that meet **School Food Standards**.
- **Teachers**: Delivering food education as part of the **Design and Technology curriculum (Cooking and Nutrition)** and the PSHCE curriculum
- **Parents/Carers**: Supporting healthy choices at home.
- **Students**: Engaging in healthy eating practices.

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## 5. Food Provision

### School Meals

- All meals comply with **School Food Standards (DfE, 2015).**
- Menus reviewed regularly and published for parents.
- Menus provide a healthy, varied and attractive choice for students.

### Packed Lunches

- Guidance provided to parents in line **School Food Standards** recommendations via the Parents A-z guide and school website.
- Sugary drinks, sweets, and chocolate discouraged.

### Snacks and Drinks

- Only fruit, vegetables and water permitted during school hours.
- No fizzy or energy drinks allowed (DfE guidance).

### Breakfast, Break Time & After-School Clubs

- Healthy options provided in line with statutory standards.

## 6. Education

- Food and nutrition integrated into **PSHCE** and **Food Technology curriculum**.
- Cooking and practical food education offered in line with **National Curriculum requirements**.

## 7. Special Dietary Needs

- Procedures in place and catering options for allergies, medical diets, and cultural/religious requirements.
- Individual care plans maintained in accordance with **DfE statutory guidance on supporting students with medical conditions and allergies**.

## 8. Rewards, Events and Celebrations

- Avoid sweets as rewards (DfE recommends non-food rewards).
- Healthy options for events and celebrations.

## 9. Monitoring and Review

- Policy reviewed annually.
- Compliance monitored against **School Food Standards**.

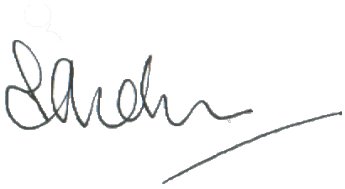
- Feedback from students, parents, and staff considered.

**10. Links to Other Policies**

- PSHCE
- Equality
- Allergy Management Policy

11. **Statutory References**

- **School Food Standards DfE 2015**
- **Current consultation** School food standards: updating the legislative framework government consultation
- **Education (Nutritional Standards and Requirements for School Food) (England) Regulations 2014**
- **National Curriculum: Design and Technology – Cooking and Nutrition**
- **DfE Guidance: Supporting Students with Medical Conditions**
- Allergy Management Policy (Ref. School Website)





**Mrs S Anderson**
**(Chair of Governors)**

**Mr D Curry**
**(Headteacher)**

| **Administration Use:** | |
|---|---|
| **Statutory/Non-Statutory:** | Non-Statutory |
| **Website:** | Yes |
| **GB Committee:** | REP |
| **Approval Level – Sub Committee or FGB** | Sub Committee |
| **Review:** | Annually |
| **Document Formulated:** | September 2026 |
| **Date Reviewed Document Approved by REP Committee:** | 28th September 2026 |
| **Date FGB Advised of Review by REP Committee:** | 8th October 2026 |
| **Next Review Date:** | September 2027 |

**LEGISLATIVE POWERS AT THE TIME OF APPROVAL**

**RELEVANT GOVERNMENT GUIDANCE AT THE TIME OF APPROVAL**