

BISHOP HEBER HIGH SCHOOL

RESPECT · OPPORTUNITY · ACHIEVEMENT

Subject	Year	Term
PSCHE	9	2
Topic		
Sexual Health; Know Your Limit		
Content (Intent)		
Prior Learning (Topic)	Staying Safe; Careers, Choices and Employability	
- How the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex and the importance of and facts about testing - How to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment - How the use of alcohol and drugs can lead to risky sexual behaviours - The facts about legal and illegal drugs and their associated risk including the link between drug use and the associated risks including the link to mental health conditions - The law in relating to the supply and possession of illegal substances - The physical and psychological risks associated with alcohol consumption - The skills to manage money on a day-to-day basis, and plan for future financial needs		
Assembly Topics:		
Knife crime assembly; staying safe online; options/choices; ‘Risking It All—2Engage Theatre Company; Student Questionnaires; Easter Celebration		
Future Learning (Topic)	Physical Health; Body Confidence & Care	
What Knowledge and Skills will be taught (Implementation)	How will your understanding be assessed & recorded (Impact)	
Knowledge - STIs including HIV/Aids - Safer sex (including LGBTQ+) and the importance of testing - Contraceptive choices & advice - Alcohol & drugs and their link to risky sexual behaviours & mental health conditions - The supply & possession of illegal substances & the law - Managing risk and influence - Local prevalence focus: Ketamine – physical consequences including severe bladder damage - Options: skills developed by subjects & their wider use	Understanding will be assessed in a variety of ways. For example, through baseline assessments at the start of topics, through formative assessment opportunities and self-reflection summative assessments to establish ASK (attributes, skills & factual knowledge) developed. The impact of the PSHCE curriculum will be reported on twice a year as part of the Report cycle, through Learning Habits descriptors. Student feedback will be collated by Year Leaders following the PSHCE Day in November, via student voice quality assurance, the School Council and through an annual PSHCE questionnaire.	
Skills - Developing financial literacy - Managing risk and making informed choices - Understanding consequences of unprotected sex		
How can parents help at home?		
- Discuss these topics with your child and attend Options Evening. - Encourage your child to engage with wider school activities (see SBS). - Help your child to reflect on their Term 1 report and set targets for going forward.		
Helpful further reading/discussion (including Reading and Vocabulary Lists)		
Reading - Sexual Health Sexual Health - Drugs, Alcohol and Tobacco	Vocabulary Lists - Intimacy STI Consumer - Financial Literacy Stimulant Possession	