

BISHOP HEBER HIGH SCHOOL

RESPECT · OPPORTUNITY · ACHIEVEMENT

Subject	Year	Term						
PSHCE	10	3						
Topic								
Families; Healthy Intimate Relationships								
Content (Intent)								
Prior Learning (Topic)	Democracy Education and British Values							
- How to cope with exam and revision stress – understanding and managing wellbeing - The skills needed to support personal development and ensure progression - How to prepare for the opportunities, responsibilities and experiences of later life - The process of making well-informed decisions about education, training, apprenticeship, & employment opportunities. - There are different opportunities to learn from employers about work, employment and the skills that are valued in the workplace. - How first-hand experiences of the workplace through work visits, work shadowing and/or work experience enables exploration of career opportunities - There are many learning opportunities available, including academic and vocational routes and learning in schools, colleges, universities and the workplace Assembly Topics: - Yr10 mocks & English Language Examination Preparation; Activity Week; Celebration Assembly; Summer Celebration								
Future Learning (Topic)	Consent and Coercion; Financial Capability and Planning Ahead							
What Knowledge and Skills will be taught (Implementation)		How will your understanding be assessed & recorded (Impact)						
Knowledge - Identifying strategies to cope with the stress of exams - Understanding and managing wellbeing - Identifying strategies and techniques to be and feel mentally resilient - Post 16 options - Exploring possibilities - Rights and responsibilities at work - What employers want - Create your CV - Self-examination: breast health (CoppaFeel), testicular health and vulval health - Myths related to aesthetics and beauty standards - Fertility and routes to parenthood - Understanding the menopause – including the benefits and limitations of available treatments (HRT, lifestyle approaches and referral pathways)		Understanding will be assessed in a variety of ways. For example, through baseline assessments at the start of topics, through formative assessment opportunities and self-reflection summative assessments to establish ASK (attributes, skills & factual knowledge) developed. The impact of the PSHCE curriculum will be reported on twice a year as part of the Report cycle, through Learning Habits descriptors. Student feedback will be collated by Year Leaders following the PSHCE Day in November, via student voice quality assurance, the School Council and through an annual PSHCE questionnaire.						
Skills - Ability to make informed choices - Ability to discuss and argue different viewpoints - Ability to interpret information and knowledge and present individual/group interpretation(s)								
How can parents help at home?								
- Encourage your child to engage with wider school life and activities through the SBS Bulletin - Support your child through the use of GCSE Pod - Make these topics the subject of conversation within the home								
Helpful further reading/discussion (including Reading and Vocabulary Lists)								
Reading Top UK Universities Top UK Apprenticeships Career Options Curriculum Vitae Families		Vocabulary List <table><tr><td>Curriculum Vitae</td><td>Salary</td></tr><tr><td>Job Market</td><td>Employee</td></tr><tr><td>Entrepreneur</td><td>Civil partnership</td></tr></table>	Curriculum Vitae	Salary	Job Market	Employee	Entrepreneur	Civil partnership
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