



Subject	Year	Term
Physical Education	8	3
Topic		
Evaluating and improving performance		
Content (Intent)		
<b>Prior Learning (Topic)</b>	Performance/Analysis	
<b>Practical</b>		
<ol style="list-style-type: none"> <li>Making and Applying Decisions</li> <li>Evaluating and Improving performance</li> </ol>		
<b>Theory</b>		
<ol style="list-style-type: none"> <li>Develop students knowledge of rules and regulations to develop communication and decision-making skills (Activity: All sports)</li> </ol>		
Future Learning (Topic)		
Develop Use Of Tactics/Strategies Within Performances		
What Knowledge And Skills Will Be Taught (Implementation)	How Will Your Understanding Be Assessed & Recorded (Impact)	
<p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>cricket/rounders/softball</li> <li>tennis</li> <li>Athletics</li> </ul> <p><b>Key Knowledge &amp; Skills:</b></p> <ul style="list-style-type: none"> <li>Event specialisation</li> <li>Personal best analysis</li> <li>Technical refinement under pressure</li> <li>Competition performance</li> <li>Development of tactics (creating space, decision-making)</li> <li>Communication &amp; teamwork</li> </ul> <p><b>NC Links:</b></p> <ul style="list-style-type: none"> <li>Use tactics and strategies to overcome opponents</li> <li>develop their technique and improve their performance in other competitive sports</li> <li>Analyse performance</li> <li>Develop leadership and teamwork skills</li> <li>analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best</li> <li>take part in competitive sports and activities outside school through community links or sports clubs</li> </ul>	<p><b>Assessment</b></p> <p>Students will continue to be assessed through the different sports/activities covered, with focus on :</p> <ul style="list-style-type: none"> <li>Technique in isolated and competitive situations</li> <li>Students will be able to use information gained from analysis of performance to influence and improve their own play.</li> <li>Uses tactics to influence outcomes</li> <li>Demonstrates improved technical proficiency</li> <li>End of block theory tests on rules/regulations of sports covered</li> <li>End of Year exam</li> <li>Assessment linked to the end point statements for Y8</li> </ul>	
How can parents help at home?		
Research rules and regulations of the sports covered with their children. Help children assess their performances.		
Helpful further reading/discussion (including Reading and Vocabulary Lists)		
<b>Reading</b> – further reading and writing challenges set over year	<b>Vocabulary List</b> Assess, Forceful, generate, explosive, acceleration, strategies, structure, follow through, endurance	