

Subject	Year	Term
<b>Physical Education</b>	<b>8</b>	<b>1</b>
<b>Topic</b>		
<b>Application and Focus</b>		
<b>Content (Intent)</b>		
<b>Prior Learning (Topic)</b> Development Of Basic Skills In Team/Individual sports		
Practically		
<ul style="list-style-type: none"> <li>1- Outwit opponents in more challenging situations</li> <li>2- Use more advanced skills and technical accuracy in range of sports</li> </ul>		
<u>Theoretically</u>		
<ul style="list-style-type: none"> <li>1. Understand the rules and regulations and roles of officials in a range of sports.</li> <li>2. Link the components of fitness and understand how they affect each other in different physical activities (Activity: All sports).</li> </ul>		
<b>Future Learning (Topic)</b>		
<b>What Knowledge and Skills will be taught (Implementation)</b>	<b>How will your understanding be assessed &amp; recorded (Impact)</b>	
<p>Activities:</p> <ul style="list-style-type: none"> <li>• Football, netball, hockey, rugby</li> <li>• Badminton, Basketball</li> <li>• Fitness</li> </ul> <p>Key Knowledge &amp; Skills:</p> <ul style="list-style-type: none"> <li>• Students will further develop the ability to outwit opponents and teams using strategies and tactics.</li> <li>• Students will learn to combine and perform further developed skills consistently applying fluency and a greater accuracy and quality of technique.</li> <li>• Link to components of fitness and how they affect each sport.</li> </ul> <p>NC Links:</p> <ul style="list-style-type: none"> <li>• Use tactics and strategies to overcome opponents</li> <li>• Engage in competitive sports</li> <li>• Refine techniques</li> <li>• Apply tactics more effectively</li> <li>• Analyse performance</li> <li>• Develop leadership and teamwork skills</li> </ul>	<p><b>Assessment Focus</b></p> <p>Students will be continued to be assessed through the sports/activities covered, with focus on :</p> <ul style="list-style-type: none"> <li>• Technique in isolated and competitive situations</li> <li>• Ability to evaluate and improve performance</li> <li>• Uses tactics to influence outcomes</li> <li>• Demonstrates improved technical proficiency</li> <li>• Explain fitness components and training methods</li> <li>• End of block theory tests on rules/regulations of sports covered</li> <li>• Assessment linked to the end point statements for Y8</li> </ul>	
<b>How can parents help at home?</b>		
Research rules and regulations of the sports covered with their children.		
<b>Helpful further reading/discussion (including Reading and Vocabulary Lists)</b>		
<b>Reading</b>	<b>Vocabulary Lists</b> Service, tactics, rebound, zonal, combination, outwit, formation, components of fitness	