



Subject	Year	Term
Physical Education	7	1
Topic		
Baseline Assessment and fundamentals of Games		
Content (Intent)		
<b>Prior Learning (Topic)</b>	KS2 (Primary National Curriculum)	
<b>Practically</b>		
1. Fundamental Games – Baseline assessment of core skills through the use of various sports in isolated, small sided practices.		
<b>Theory</b>		
1. Introduce the students to the importance of warming up/cooling down properly/rules of game		
<b>Future Learning (Topic)</b> Developing Games		
What Knowledge and Skills will be taught (Implementation)	How will your understanding be assessed & recorded (Impact)	
<p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>• Baseline assessment through variations in games</li> <li>• Gymnastics, Rugby, hockey</li> </ul> <p><b>Key Knowledge &amp; Skills:</b></p> <ul style="list-style-type: none"> <li>• Core skills: passing, receiving, shooting, movement developed through small sided/conditioned games.</li> <li>• Basic tactics: attacking/defending, positioning</li> <li>• Compositional skills in gymnastics</li> <li>• Use of space, timing, balance</li> <li>• Students to learn how to safely take part in physical activity, providing examples of key components of a warm up / cool down</li> <li>• Rules, sportsmanship and teamwork</li> </ul> <p><b>NC Links:</b></p> <ul style="list-style-type: none"> <li>• Use tactics and strategies to overcome opponents</li> <li>• Develop technique and improve performance</li> <li>• Develop flexibility, strength, technique, control and balance</li> <li>• Engage in competitive sports</li> </ul>	<p><b>Assessment Focus 1</b></p> <p>Students will be assessed on their functional skills and decision making in games over the 7-week block of work using isolated/small sided situations.</p> <hr/> <p><b>Assessment 2</b></p> <p>Continued assessment through invasion games approach Creativity &amp; composition through gymnastics sequence.</p> <p>End of block theoretical assessment on sports covered.</p>	
How can parents help at home?		
Research rules and regulations of the sports covered with their children.		
Helpful further reading/discussion (including Reading and Vocabulary Lists)		
<b>Reading – suggested book list on sports</b>	<b>Vocabulary Lists</b>	
	Possession, technique, pulse raiser, dynamic stretches, sequence, tension, fluency, balance	