



Subject	Year	Term
Physical Education	9	3
Topic		
<b>Evaluating And Improving Importance</b>		
Content (Intent)		
<b>Prior Learning (Topic)</b>	Benefits Of Healthy Living.	
<b>Practical</b>		
<ol style="list-style-type: none"> <li>1. Making and Applying Decisions</li> <li>2. Evaluating and Improving performance</li> </ol>		
<b>Theory</b>		
<ol style="list-style-type: none"> <li>1. Introduction to the importance of diet &amp; energy balance.</li> </ol>		
Future Learning (Topic)		
What Knowledge and Skills will be taught (Implementation)	How will your understanding be assessed & recorded (Impact)	
<p><b>Making and Applying Decisions</b> Students should be able to recognise the importance of responding to changing situations within the game in attack and defence. Students will be constantly faced with strategic and tactical decisions and choice of skill execution. Opportunities to referee/coach students or small groups will develop communication and decision-making skills. Analyse performances compared to previous ones and demonstrate improvement to achieve their personal best.</p> <p><b>Evaluating and Improving</b> Be able to understand the concept of each sport covered and make effective evaluations of strengths and weaknesses of performance. Appropriate questioning on teaching points of the skills and processes developed. Observation and peer assessment. Students will develop capacity to self-assess, assess others.</p> <p><b>Sports covered</b> Boys - athletics, tennis, cricket, softball Girls – athletics, tennis, rounders</p>	<p><b>Assessment</b> Students are continuously involved in assessment through appreciation, interpretation, analysis, judgement and evaluation of performance and understanding. These judgements will be used to inform on-going teaching and training.</p> <p>Students assessed on knowledge and understanding through end of year exam on practical/theoretical content covered through the year.</p>	
How can parents help at home?		
Take part in physical activity with children and question them on how they can improve performances. Discuss healthy lifestyle, diet and well-being.		
Helpful further reading/discussion (including Reading and Vocabulary Lists)		
<p><b>Reading</b> AQA GCSE (9-1) PE – Howitt and Murray BTEC First in sport revision guide - Hughes</p>	<p><b>Vocabulary Lists</b> Energy Effective Interpretation</p>	<p>Appreciation Questioning</p>