



Subject		Year	Term				
Physical Education		9	1				
Topic							
Developing Technique And Performance In Games							
Content (Intent)							
Prior Learning (Topic)		Development Of Games For Understanding					
Practical							
<ol style="list-style-type: none"> 1. Outwitting an opponent 2. Developing Physical and mental capacity 							
Theory							
<ol style="list-style-type: none"> 1. Identify and explain Exercise Intensity. Link to the borg scale and training zones. 							
Future Learning (Topic)		Developing Mental And Physical Capacity					
What Knowledge and Skills will be taught (Implementation)		How will your understanding be assessed & recorded (Impact)					
<p>Outwitting an opponent: Students will further develop the ability to outwit opponents and teams using strategies and tactics. Students will learn to combine and perform more advanced skills consistently applying fluency, a greater accuracy and higher quality of technique. Continual development and refinement of the learnt skills will contribute to producing an improved performance and outwit opposition more frequently.</p> <p>Developing Physical and Mental Capacity Physical warm ups aid as a useful fitness tool in developing a Students physical capacity. Use game situations to develop observation skills on peer performances, skills and techniques as well as observing the use of tactics. Students will be encouraged to evaluate within the games how they are outwitting the opponents and reasons for basic strategic ideas. Introduce students to borg scale and exercise intensity within performances.</p> <p>Sports covered Boys - football/rugby/handball/badminton Girls – Netball/hockey/badminton/basketball</p>		<p>Assessment Students are continuously involved in assessment through appreciation, interpretation, analysis, judgement and evaluation of performance and understanding.</p>					
How can parents help at home?							
Take part in physical activity with children and question them on how they can improve performances.							
Helpful further reading/discussion (including Reading and Vocabulary Lists)							
<p>Reading AQA GCSE (9-1) PE – Howitt and Murray</p>		<p>Vocabulary Lists</p> <table border="0"> <tr> <td>Performance</td> <td>Associate</td> </tr> <tr> <td>Leader</td> <td>Analyse</td> </tr> </table>		Performance	Associate	Leader	Analyse
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