



Subject		Year	Term
Physical Education		7	3
Topic			
Evaluating and Improving Performance			
Content (Intent)			
<b>Prior Learning (Topic)</b>		Developing skills/performance	
<u>Practically</u>			
<ol style="list-style-type: none"> <li>Evaluating and improving performance</li> <li>Making applying decisions</li> </ol>			
<u>Theoretically</u>			
<ol style="list-style-type: none"> <li>Demonstrate an understanding of the fitness components (Activity: All sports).</li> <li>Link the fitness components to sporting examples and explain when they would be used in that physical activity.</li> </ol>			
<b>Future Learning (Topic)</b>		Outwitting An Opponent	
What Knowledge and Skills will be taught (Implementation)		How will your understanding be assessed & recorded (Impact)	
<u>Evaluating and Improving</u> Students will be able to understand the concept of the sports covered and make effective evaluations of strengths and weaknesses of performance. Suggest area for improvement. Students will also demonstrate an understanding of fitness components relevant to each sport and why needed.		<b>Assessment</b> Assessment through appreciation, interpretation, analysis, judgement and evaluation of performance and understanding. These judgements will be used to inform ongoing teaching and learning.	
<u>Making and Applying Decisions</u> Students will be encouraged to devise new strategies to beat and outwit opponents. Students will learn to identify and recognise similarities in principles of attack and defence. Students will implement strategic and tactical decisions based on choice of skill execution			
<u>Boys</u> Athletics / Cricket Athletics / Tennis			
<u>Girls</u> Athletics / Rounders Athletics / Tennis			
How can parents help at home?			
Research rules and regulations of the sports covered with their children. Work on practical skills with children. Watch sports programme analysis.			
Helpful further reading/discussion (including Reading and Vocabulary Lists)			
<b>Reading</b>		<b>Vocabulary Lists</b>	
		Analyse Contract Principle Specific	