



Subject		Year	Term
BTEC Tech Award in sport		11	Term 1
Topic			
Component 2 - Taking part and improving other participants sporting performance.			
Content (Intent)			
Prior Learning (Topic)		Component 2: Learning outcome A: Understand how different components of fitness are used in different physical activities.	
Component 2: Learning Outcome B- ▪ learners will demonstrate their knowledge and understanding of officials in sport and two key rules and regulations in sport. Learning Outcome C- learners will demonstrate their knowledge and understanding of a sport and provide specific drills to improve participants sporting techniques.			
Component 3 – Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity Learning Outcome A.			
Future Learning (Topic)		Implement training programme and long term effects of exercise	
What Knowledge and Skills will be taught (Implementation)		How will your understanding be assessed & recorded (Impact)	
Component 2 Learning outcome B: Be able to participate in sport and understand the roles and responsibilities of officials.		Internal Pearson set assignment of 3 tasks spread over assessment window until Dec 15 th	
Learning outcome C: Demonstrate ways to improve participants sporting techniques.		Externally moderated	
Component 3 - Learning outcome A: Explore the importance of fitness for sports performance		Assignment tasks - Students recording of practical skills in isolated/conditioned/game situation in sport of choice	
o The importance of fitness for successful participation in sport.		Rules and regulations and Roles/Responsibilities assignment on sport of choice.	
o Fitness training principles		Written session plan for sport and skill of their choice	
o Exercise intensity and how it can be determined		Video evidence of the coaching session (10-15min)	
How can parents help at home?			
Ensure students meet the set deadline dates of each set homework			
Videoing of students selected competitive games			
Linking with their local sports club to provide coaching opportunities for their child			
Helpful further reading/discussion (including Reading and Vocabulary Lists)			
Reading		Vocabulary Lists	
Articles surrounding effects of exercise on the body.		Describe, Explain, Evaluate, Explain, Identify and Assess. Speaking and listening – Feedback, collaborate, communication. Independence	