



Subject	Year	Term
Physical Education (Core)	10	3
Topic		
Develop Technique And Performance Through Summer Sports Programme		
Content (Intent)		
Prior Learning (Topic) Development of personal fitness programme.		
The emphasis in KS4 is on participation and enjoyment to promote a prolonged interest in sport and physical activity.		
Physical activity is clearly and practically related to issues of health and well-being through a selection of team/individual games		
Summer sporting programme with wider variety of sports available to engage all individuals.		
Future Learning (Topic) Develop technique and performance through summer sports programme		
What Knowledge and Skills will be taught (Implementation)	How will your understanding be assessed & recorded (Impact)	
<p>Students will develop their technique and improve their performance through competitive summer sports, [for example, athletics, rounders, tennis, softball].</p> <p>Students will develop a variety of tactics and strategies to overcome opponents in team and individual games [for example, tennis, rounders, softball].</p> <p>Students to set personal challenges through individual activities (i.e athletics) and be physically active for sustained period of time.</p>	<p>No Formal assessment within Key stage 4 Core PE. However lessons will be used to help assess GCSE/BTEC students on selected sports for their examination course</p>	
How can parents help at home?		
Encourage students to eat healthy and participate in some form of physical activity outside of school.		
Helpful further reading/discussion (including Reading and Vocabulary Lists)		
Reading	Vocabulary Lists	