



Subject	Year	Term
Physical Education (Core)	10	1
Topic		
Tactics, Strategies And Development Of Technique		
Content (Intent)		
Prior Learning (Topic) All of skills developed at Key Stage 3		
<p>The emphasis in KS4 is on participation and enjoyment to promote a prolonged interest in sport and physical activity.</p> <p>Physical activity is clearly and practically related to issues of health and well-being through a selection of team/individual games and fitness programmes.</p>		
<hr/> Future Learning (Topic) Development of Fitness Training programme		
What Knowledge and Skills will be taught (Implementation)	How will your understanding be assessed & recorded (Impact)	
<p>Pupils will be taught to use and develop a variety of tactics and strategies to overcome opponents in team and individual games [for example, badminton, basketball, football, hockey, netball, rugby and volleyball.]</p> <p>Develop their technique and improve their performance in competitive situations within team and individual games.</p> <p>Evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best.</p>	<p>No Formal assessment within Key stage 4 Core PE. However, lessons will be used to help assess GCSE/BTEC students on selected sports for their examination course.</p>	
How can parents help at home?		
<p>Encourage students to eat healthy and participate in some form of physical activity outside of school.</p>		
Helpful further reading/discussion (including Reading and Vocabulary Lists)		
Reading	Vocabulary Lists	